



'new opportunities in music'

MUSICIANS IN HOSPITALS TRAINING / MENTORING PROGRAMME November '13 to March '14

OPUS Music CIC, in partnership with Nottingham Music Hub, is offering a training and mentoring programme for musicians working in, or interested in working in healthcare settings.

Initially there will be a two-day programme of training for up to eight musicians (unpaid). Following the training sessions, two trainees will be selected by interview to go forward as mentees to the ten day mentoring programme (paid) to be held at the Nottingham Children's Hospital, Queens Medical Centre (QMC), Nottingham.

Mentees will be paid at a rate of £19.82 per hour for all mentoring sessions to a maximum of £1189.20 (10 days, 6 hours per day). This fee to include all expenses incurred.

Schedule

Training

12 November 2013	9.30am-4.30pm	Training Session 1	College St, Nottingham
19 November 2013	9.30am-4.30pm	Training Session 2	College St, Nottingham
26 November 2013	tbc	Interviews	College St, Nottingham

Mentoring

3 December 2013	9.30am-3.30pm	Mentoring Session 1	QMC, Nottingham
10 December 2013	9.30am-3.30pm	Mentoring Session 2	QMC, Nottingham
17 December 2013	9.30am-3.30pm	Mentoring Session 3	QMC, Nottingham
14 January 2014	9.30am-3.30pm	Mentoring Session 4	QMC, Nottingham
21 January 2014	9.30am-3.30pm	Mentoring Session 5	QMC, Nottingham
28 January 2014	9.30am-3.30pm	Mentoring Session 6	QMC, Nottingham
4 February 2014	9.30am-3.30pm	Mentoring Session 7	QMC, Nottingham
11 February 2014	9.30am-3.30pm	Mentoring Session 8	QMC, Nottingham
25 February 2014	9.30am-3.30pm	Mentoring Session 9	QMC, Nottingham
4 March 2014	9.30am-3.30pm	Mentoring Session 10	Venue tbc



Background

OPUS Music CIC (OPUS) is currently engaged in music residencies at Derbyshire Children's Hospital, Leicester Children's Hospital (Leicester Royal Infirmary), Nottingham Children's Hospital (Queens Medical Centre) in Nottingham and Kings Mill Hospital (Children's) in Sutton in Ashfield. In addition, OPUS also has residencies at Sheffield Teaching Hospitals (adults) and at Nottinghamshire Hospice and is currently working with young musicians (aged 14-18) to take music-making into elderly residential care settings across Derbyshire.

OPUS musicians visit the healthcare settings on a regular basis to make music for and with patients, residents, visitors and staff in wards, waiting rooms, day rooms, neonatal intensive care and accident and emergency departments amongst others.

Music in Healthcare Settings is an innovative approach to the use of music in healthcare contexts for cultural rather than clinical purposes. It has been pioneered over the last 18 years by musicians of Musique & Santé in Paris.

OPUS Musicians are trained by Musique & Santé through European Commission funded exchange and training programmes. Lead trainer and mentor Nick Cutts has vast experience of music in healthcare practice, having delivered and observed practice in healthcare settings in the UK, France, Ireland and Poland, Nick has also been trained as a trainer of musicians in healthcare settings through a partnership between Musique & Santé and Royal Northern College of Music and has delivered highly acclaimed training courses to musicians and healthcare professionals across the UK and beyond.

Training/mentoring description

Each location, patient, member of care staff and each ward are unique. The approaches, methods and presence of music in health settings can vary from providing music at the patient's bedside to regular workshops, performances and artistic residencies.

For the musician's work to be part of an open and flexible dialogue between health and cultural sectors, it is necessary that musical interventions be adapted to each situation. This particular context requires the musician to think about their own place and interventions in an original way as playing music in health settings involves theoretical and practical competences that have to be reinvented in every moment.

The sessions will be delivered by experienced musicians/trainers from OPUS. A maximum of eight trainees will be accepted onto the training course. A maximum of two mentees will be selected from the training course to complete the ten-day mentoring programme.

Objectives

- Understand the place of music and of the musician in healthcare settings
- Identify and explore the theoretical and practical competences necessary to carry out high-quality musical actions
- Explore and reflect upon approaches to musical actions in health settings
- Explore musical techniques (vocal/instrumental repertoire, appropriate instruments, improvisation)
- Develop spatial awareness and interaction with patients and families
- Explore the importance of partnership with health institutions and care staff
- Understand ethical principles underpinning the practice

Criteria for selection

- **Instrumental ability** (accompanying, instrumental lead); suitable, portable instrument for a healthcare environment *and / or* **vocal ability** (knowledge and usage of suitable repertoire, vocal improvisation)
- **Creative ability** (improvisation, listening & creative response to groups/individuals)
- **Suitable communication skills**
- **Suitable interpersonal skills**
- **A desire to learn**

Conditions for musicians attending training

- Compulsory attendance at all training sessions - 2 days in total
- A desire to go forward into the 10 day mentoring programme if selected
- Attendance at interview for possible selection onto the mentoring programme

Conditions for musicians selected for mentoring

- Compulsory attendance at all mentoring sessions - 10 days in total.
- An enhanced CRB check dated within the last 2 years. We can help to obtain this if required.
- Mentees will receive payment to a maximum of £1189.20 to include all expenses.

The following details should be submitted:

- A completed application form (download from OPUS website)
[MS Word document link](#) [pdf document link](#)

There is no deadline for applications, **however limited places are available**. Applications will close once the course is filled with suitable applicants. You are advised to send an application as soon as possible.

Please send completed applications to Nick Cutts, Director, OPUS Music CIC

Email: nick@opusmusic.org

Web: www.opusmusic.org

Tel: 01773 861630 / 07786 157515

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