



MUSIC IN HEALTHCARE SETTINGS TRAINING
Training Centre, Kedleston Road, Derby
and Royal Derby Hospital
31st October and 1st, 4th, 5th, 6th November 2013

Background

OPUS Music CIC is currently engaged in music residencies at Derbyshire Children's Hospital, Leicester Children's Hospital (Leicester Royal Infirmary), Nottingham Children's Hospital (Queens Medical Centre) in Nottingham and Kings Mill Hospital (Children's) in Sutton in Ashfield. In addition, OPUS also has a long-standing residency at Sheffield Teaching Hospitals (adults), is about to begin a new residency at Nottinghamshire Hospice and is currently working with young musicians (aged 14-18) to take music-making into elderly residential care settings across Derbyshire.

OPUS musicians visit the healthcare settings on a regular basis to make music for and with patients, residents, visitors and staff in wards, waiting rooms, day rooms, neonatal intensive care and accident and emergency departments amongst others.

These residencies are supported by funding from Youth Music, Derbyshire Children's Hospital Charity, Nottinghamshire County Council, Leicester City Council, Nottingham Hospitals Charity, Zest Arts for Health and Sheffield Town Trust with additional support from all partner hospitals and Derbyshire City and County Music Partnership.

As part of this programme of activity, OPUS is offering training for musicians who already work in, or have an interest in working in healthcare settings. Whilst this training will focus primarily on working with hospitalised children and young people, the theoretical background and practice will also be of benefit to those who wish to work with other age groups and in other healthcare settings.

Following the training, there may be opportunities to join OPUS musicians in delivering musical interventions in healthcare settings as part of these residencies or in other programmes of work. We cannot however currently offer any guarantee of paid work at this time.

Music in Healthcare Settings is an innovative approach to the use of music in healthcare contexts for cultural rather than clinical purposes. It has been pioneered over the last 18 years by musicians of Musique & Santé in Paris.

OPUS Musicians are trained by Musique & Santé through European Commission funded exchange and training programmes. Lead trainer Nick Cutts has vast experience of music in healthcare practice, having delivered and observed practice in healthcare settings in the UK, France, Ireland and Poland, Nick has also been trained as a trainer of musicians in healthcare settings through a partnership between Musique & Santé and Royal Northern College of Music and has delivered highly acclaimed training courses to musicians and healthcare professionals from across the UK and beyond.

Overall objectives of the training

The key objectives are:

- Introduction to and exploration of the skills and competences required of musicians for delivering music-making activity in healthcare settings
- Development of new competences for trainee musicians

The programme will have the additional benefit of:

- Humanising the hospital environment for patients, visitors and staff

Training sessions

- 5 days (including 2 half days of music-making at Derbyshire Children's Hospital / Royal Derby Hospital). These will take place from 10am to 4pm on 31st October and 1st, 4th, 5th and 6th November 2013.
- The training will consist of theoretical knowledge acquisition, group and individual musical work and practical work in the field (musical actions in healthcare settings for hospitalised patients)

Training description

Each location, patient, member of care staff and each ward are unique. The approaches, methods and presence of music in health settings can vary from providing music at the patient's bedside to regular workshops, performances and artistic residencies.

For the musician's work to be part of an open and flexible dialogue between health and cultural sectors, it is necessary that musical interventions be adapted to each situation. This particular context requires the musician to think about their own place and interventions in an original way as playing music in health settings involves theoretical and practical competences that have to be reinvented in every moment.

The sessions will be delivered by experienced musicians/trainers from OPUS. A maximum of 8 trainees will be accepted onto the training course.

Objectives

- Understand the place of music and of the musician in healthcare settings
- Identify and explore the theoretical and practical competences necessary to carry out high-quality musical actions
- Explore and reflect upon methods and approaches of musical actions in health settings
- Explore musical techniques (vocal/instrumental repertoire, appropriate instruments, improvisation)
- Develop spatial awareness and interaction with patients and families
- Explore the importance of partnership with health institutions and care staff
- Understand ethical principles underpinning the practice

Conditions for musicians

- Compulsory attendance at all training sessions - 5 days in total.
- A CRB check dated within the last 2 years (we can help to obtain this if required).
- Musicians will be expected to contribute £75 towards the costs of the training.

Musicians will receive a certificate of attendance.

Criteria for selection of trainees

Necessary criteria:

- **instrumental ability** (accompanying, instrumental play); suitable instrument for a healthcare environment and easily portable *and / or* **vocal ability** (knowledge and usage of suitable repertoire, vocal improvisation)
- **creative ability** (improvisation, listening & creative response to groups/individuals)
- **communication skills**
- **interpersonal skills**
- **desire to learn**

Desirable criteria:

- previous musical experience in healthcare settings

The following details should be submitted:

- A completed application form (download from OPUS website)

There is no deadline for applications, **however limited places are available.** Applications will close once the course is filled with suitable applicants. You are advised to send an application as soon as possible.

Please send completed applications to Nick Cutts, Director, OPUS Music CIC

Email: nick@opusmusic.org

Web: www.opusmusic.org

OPUS Music CIC, 3 Dodgewell Close, Blackwell, Alfreton, Derbyshire, DE55 5BH

