



**MUSIC IN HEALTHCARE SETTINGS TRAINING**  
Training Centre, Kedleston Road, Derby  
and Royal Derby Hospital  
25<sup>th</sup>, 26<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup>, 31<sup>st</sup> October 2012

**BACKGROUND**

**OPUS Music CIC** is currently engaged in a residency at Derbyshire Children's Hospital. This residency has been in place since December 2010, with OPUS musicians visiting the hospital on a regular basis to make music for and with patients, visitors and staff.

From September 2012, OPUS will also deliver new residencies within children's wards at Leicester Royal Infirmary, Queens Medical Centre in Nottingham and Kings Mill Hospital in Sutton in Ashfield.

These residencies are supported by funding from Youth Music, Derbyshire Children's Hospital and Leicester City Council with additional support from all partner hospitals, Derbyshire City and County Music Service, soundLINCS and Natal percussion.

As part of this programme of activity, OPUS is offering training for musicians who already work in, or have an interest in working in healthcare settings. Whilst this training will focus primarily on working with hospitalized children and young people, the theoretical background and practice will also be of benefit to those who wish to work with other age groups.

Following the training, there may be opportunities to join OPUS musicians in delivering musical interventions in healthcare settings as part of these residencies or in other programmes of work. We cannot however currently offer any paid work beyond this training.

Music in Healthcare Settings is an innovative approach to the use of music in healthcare contexts for cultural rather than clinical purposes. It has been pioneered over the last 18 years by musicians of Musique & Santé in Paris.

OPUS Musicians are trained by Musique & Santé through European Commission funded exchange and training programmes. Lead trainer Nick Cutts has vast experience of music in healthcare practice, having delivered and observed practice in healthcare settings in the UK, France, Ireland and Poland, Nick has also been trained as a trainer of musicians in healthcare settings through a partnership between Musique & Santé and Royal Northern College of Music and has delivered highly acclaimed training courses to musicians and healthcare professionals from across the UK.

## **OVERALL AIMS OF THE TRAINING**

The key objectives are:

- Introduction to and exploration of the skills and competences required of musicians for delivering music-making activity in healthcare settings
- Transferring new competences to trainee musicians

The programme will have the additional benefit of:

- Humanising the hospital environment for patients, visitors and staff

## **TRAINING SESSIONS**

- 5 days (including 2 half days of music-making at Derbyshire Children's Hospital / Royal Derby Hospital). These will take place from 10am to 4pm on 25<sup>th</sup>, 26<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> October 2012.
- The training will consist of theoretical knowledge acquisition, group and individual musical work and practical work in the field (musical actions in healthcare settings for hospitalised patients)

## **TRAINING DESCRIPTION**

Regular workshops, concerts, artistic residencies, music at the patient's bedside, mobile performances, reflection on sound environment... The approaches, methods and presence of music in health settings prove that each location, each member of care staff and each ward are unique.

If the musician's work is part of an open and flexible dialogue between health and cultural sectors, it is necessary that musical interventions be adapted to each situation. This particular context requires the musician to think about his/her place and his/her interventions in an original way because playing music in health settings involves theoretical and practical competences that have to be reinvented every moment.

The sessions will be delivered by experienced musicians/trainers from OPUS. A maximum of 8 trainees will be accepted onto the training course.

### **Objectives**

- Understand and imagine the place of music and of the musician in health settings
- Identify and explore the theoretical and practical competences necessary to carry out quality musical actions
- Methods and approaches of musical actions in health settings;
- Musical techniques (vocal and instrumental repertoires, appropriate instruments, improvisation);
- Spatial awareness and interaction with patients and families;
- Partnership with health institutions and care staff;
- Ethical issues.

## **CONDITIONS FOR MUSICIANS**

- Compulsory attendance at all training sessions.
- A CRB check dated within the last 2 years.
- Musicians will be expected to contribute £75 towards the costs of the training.

Musicians will receive a certificate of attendance signed by the partner organisations.

## **CRITERIA FOR SELECTION OF TRAINEES**

### **Necessary criteria:**

- **instrumental ability** (accompanying, instrumental play); suitable instrument for a healthcare environment and easily portable *and / or* **vocal ability** (knowledge and usage of suitable repertoire, vocal improvisation)
- **creative ability** (improvisation, listening & creative response to groups/individuals)
- **communication skills**
- **interpersonal skills**
- **desire to learn**

### **Desirable criteria:**

- previous musical experience in healthcare settings

### **The following details should be submitted:**

- A completed application form

**All submissions should be received by midday on Friday 28<sup>st</sup> September 2012**  
(extended from 31<sup>st</sup> August 2012)

**Please send completed applications to Erin Cook at soundLINCS**

Email: [Erin@soundlincs.org](mailto:Erin@soundlincs.org)

Tel: 01522 510073

